

HOMESCHOOL CLASSES

*CLASSES WILL NOT MEET DURING THE WEEK OF MARCH 16-20

Bowmen's Homeschool PE

Homeschool PE is a 90-minute class that allows students to explore many sports in a short time. Each class begins with a dynamic warm-up and stretch, then rotates through ability stations and drills. Each unit of study includes sport specific drills and games. This includes rules of the game, strategy, and the fundamentals required to play. Fun, classic games like kickball, dodgeball, wiffle ball, and capture the flag are also enjoyed in addition to running a one-mile test and learning body weight strength training.

Location: CAC Gymnasium 2
 Instructor: Bowmen Sports Staff
 Min/Max: 8/25

AGES 5-10

Day	Date	Time	Fee	Code
Tu	Jan. 6-27	1 - 2:30 p.m.	\$55/\$61	20754
Tu	Feb. 3-24	1 - 2:30 p.m.	\$55/\$61	20755
Tu	Mar. 3-31*	1 - 2:30 p.m.	\$55/\$61	20756
Tu	Apr. 7-28	1 - 2:30 p.m.	\$55/\$61	20759

AGES 11-16

Day	Date	Time	Fee	Code
Tu	Jan. 6-27	2:30 - 4 p.m.	\$55/\$61	20760
Tu	Feb. 3-24	2:30 - 4 p.m.	\$55/\$61	20761
Tu	Mar. 3-31*	2:30 - 4 p.m.	\$55/\$61	20762
Tu	Apr. 7-28	2:30 - 4 p.m.	\$55/\$61	20764

Chess Wizards

This program goes beyond teaching chess it strengthens critical thinking, problem solving, and decision-making skills in a fun, engaging way. Experienced instructors ensure an interactive and rewarding experience for all students, from beginners to advanced players.

Ages: 5-12 years
 Location: CAC Pecan Room
 Instructor: Chess Wizards
 Min/Max: 10/14

Day	Date	Time	Fee	Code
Tu	Jan. 6 - Apr. 14	12 - 1 p.m.	\$336/\$370	20926

Register for camps and programs in person at the CAC or online at www.flowermound.gov/adventures

Chefsville Homeschool Classes

Learn how to cook delicious recipes while engaging in fun history lessons in each of these Learn to Cook classes. Enjoy Texas themed meals, all the way to space adventures! Students will also be able to taste their creations at the end of class. An additional supply fee of \$5 will be due to the instructor at the beginning of each class.

Ages: 6-14 years
 Location: CAC Elm Room
 Instructor: Chefsville
 Min/Max: 6/30

FOOD ART

Day	Date	Time	Fee	Code
We	Jan. 7	10 a.m. - 12 p.m.	\$15/\$17	20808

LANGUAGE ARTS THROUGH COOKING

Day	Date	Time	Fee	Code
We	Jan. 21	10 a.m. - 12 p.m.	\$15/\$17	20810

CELEBRATE SOUL FOOD

Day	Date	Time	Fee	Code
We	Feb. 4	10 a.m. - 12 p.m.	\$15/\$17	20816

GREAT AMERICAN PRESIDENTS

Day	Date	Time	Fee	Code
We	Feb. 18	10 a.m. - 12 p.m.	\$15/\$17	20847

MATH CHEFS

Day	Date	Time	Fee	Code
Th	Mar. 4	10 a.m. - 12 p.m.	\$15/\$17	20797

LIFE

Day	Date	Time	Fee	Code
We	Apr. 8	10 a.m. - 12 p.m.	\$15/\$17	20801

LEWIS AND CLARK

Day	Date	Time	Fee	Code
We	Apr. 22	10 a.m. - 12 p.m.	\$15/\$17	20805

Homeschool Tennis

Serve up some fun while learning the sport of a lifetime! Kids will enjoy active and engaging tennis lessons as they rotate from station to station learning the basic fundamentals of tennis. Rackets will be available to borrow.

Ages: 5-11 years
 Location: Leonard & Helen Johns Park
 Instructor: Bad Dawg Tennis
 Min/Max: 1/25

Day	Date	Time	Fee	Code
Th	Jan. 15-Feb. 12	1 - 2:30 p.m.	\$159	21144
Th	Feb. 19-Mar. 26*	1 - 2:30 p.m.	\$159	21145
Th	Apr. 2-30	1 - 2:30 p.m.	\$159	21146
Th	Jan. 15-Apr. 30	1 - 2:30 p.m.	\$399	21147